

14 January 2020

Tournament Behaviour and Clothing Guidelines – 2020

Tournament Conduct

If you enter a tournament you are committed for the whole period. Don't organise other events that you are committed to attending. If you travel away to a tournament you spend the whole weekend there – so do the same at a local tournament, or don't enter.

Anything less is unsportsmanlike and discourteous to the other players, the organiser, who has plenty to do without having to arrange logistics around your personal needs and the province.

If you wake up sick call the organiser, let them know immediately and get the phone number of your opponent and call them to apologise for letting them down. It is not good enough just to tell the organiser. Also, make sure to follow the guidelines for submitting a doctor's note to the province as set out under Selection criteria above.

You have the responsibility to play even if you don't feel like playing. Get going and play!

Refereeing is a requirement immediately after your match or as per the tournament rules. Players seen to be avoiding their duty will be excluded from further tournaments and team selection.

Withdrawing from a Tournament

In any tournament, if a player withdraws before the end of the last match the player must get a doctor's note on the day that the injury or illness occurred and it must be sent by mail to njsa@northerns.co.za within 2 days in order for an exemption to be considered.

If it's an outside tournament the doctor's note must be sent to both the tournament organiser and NJSA. The onus is on the player to ensure that the doctor's note is received by NJSA in time.

To prevent any complaints a note from a parent who is a doctor, for their own child will not be acceptable.

Clothing

The following clothing rule shall apply without exception to all NJSA tournaments.

In all matters of judgement or opinion arising from the interpretation of this clothing rule, the decision of the tournament referee or on-site NJSA representative shall be final, except that they may not rule illegal or unacceptable an item of clothing or design which has been approved by the NJSA. In addition to the above, clean and customarily acceptable squash attire shall be worn.

Unacceptable attire shall include:

- Sweatshirts
- Tracksuits (tracksuit trousers may be worn for religious regions after approval from NJSA).
- Long-sleeved tops
- Promotional cotton t-shirts
- Leggings
- Aerobic bodysuit of any description
- Long-sleeved compression garments
- Full-length compression stockings (leggings)
- Cycling type shorts may be worn but, for girls, only if the hem is not visible below the hem of the skirt or dress when the player is standing

Playing clothing shall consist of:

For boys – a short-sleeved polo shirt with an attached collar or non-cotton t-shirt and shorts outfit, sleeveless playing top and shorts outfit, shorts, socks and non-marking indoor court shoes. Compression shorts above the knee are allowed to be worn under playing shorts. Compression socks up to the knee are allowed.

For girls – A short-sleeved polo shirt with an attached collar or non-cotton T-shirt, sleeveless non-cotton vest top, dress or skirt, socks and non-marking indoor court shoes. Compression shorts above the knee are allowed to be worn under playing skirts and dresses. Compression socks up to the knee are allowed.

Players may wear clothing of any colour or combination of colours.

All clothing shall conform to the accepted standards of decency and cultural/religious tradition, as adjudged by the tournament referee.

Headwear, other than that normally worn for religious, cultural or medical reasons, is not permitted, with the exception of headbands, bandannas and straps for the approved eye- guards.

Any jewellery or watches worn by a player shall not be so conspicuous or brightly reflecting as to distract or un-sight an opponent and shall not be potentially dangerous. The tournament referee may require the removal of any piece of jewellery deemed to violate the above.

Referees are given the authority not to allow any player, breaching these rules, back on court and the player may be disqualified.

Eyewear

Players will be obliged to wear WSF approved eyewear whenever they are on court, whether playing socially, warming up or in a match situation.

Regards

NJSA